

MAY 8, 2026

# Preschool Newsletter

This week our classroom focused on staying healthy, taking care of our bodies and growing in kindness and faith.

We learned that our bodies need water to stay hydrated, especially after playing and exercise. We did a fun science experiment to learn all about germs and why it is so important to practice good hand washing. We used water, glitter, and soap. We filled a cup of water, sprinkled green glitter to represent germs, and then put soap on our finger, touched the water, and watched the glitter germs scatter away!

We also learned how important it is to make healthy choices when choosing the foods we eat. We colored pictures of healthy foods, cut them out, and glued them onto a paper plate. Our spiritual lesson focused on our loving Mother Mary during the Month of May. We are learning all about her special prayer, the Rosary. We have practiced praying the "Hail Mary" while passing a rosary around to look at. "Mary thank you for loving us. Help us be kind and gentle and pray every day."

Save the Date: Friday May 15 from 12:30-1:30. You are invited to join us for our End-of-the-Year Picnic on the upper playground (the big kids playground). Please bring a lunch filled picnic basket and blanket as we enjoy quality time together with our children and families. All siblings are welcome.

Keep encouraging your child at home to drink water, wash their hands, make healthy food choices, and take time to pray each day.

Many blessings,  
Mrs. Evans, Mrs. Slating, and Mrs. Norton

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## Learning Objective:

**Social Studies**  
**Demonstrates knowledge**  
**of self**

**Contact Information:**  
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## Important Dates:

- **May 15 End of Year Picnic**  
**12:30-1:30 PM**
- **May 22 Last Day of**  
**Preschool (Half Day)**