

St. Charles Preschool Newsletter



September 22, 2025

## **GREETINGS PARENTS!**

We are excited to share what we are learning this week in preschool. Our theme is Emotions and Feelings. We will spend time exploring how we feel, how to recognize different emotions, and how to express our feelings in healthy and kind ways.

Through songs, stories, art, and play, our children will learn to recognize feelings such as happy, sad, mad, and excited. We will also practice sharing our emotions with friends and using our words to communicate how we feel.

Our ZooPhonics letter of the week is "D" Dee Dee Deer. Our number, color and shape of the week is, 4, blue, and rectangle.

We use Bright Wheel frequently to communicate with all of you and to send fun pictures of your child's day. If you are not receiving these notifications and messages, please let us know.

Thank you for supporting your child's learning at home. You can encourage them by asking how they feel each day and talking about emotions together. We're looking forward to a wonderful week of learning and growing!

Many Blessings,

Mrs. Evans

Mrs. Slating

Mrs. Norton



**Contact Information:** 

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**Learning Objectives:** 

Social - Emotional Regulates own emotions and behaviors Sept. 22 Pizza Monday Sept. 23 Donuts with dad <u>@7am</u>